



Brajarani Dasi
687 West Villanova Road
Ojai, California 93023
WhatsApp: (805) 793-6398
clcoach9 @ gmail.com



Transformational Coaching

Overview

Do you often feel there is something holding you back from a more productive, fulfilling life?
Is there less meaning in your life, relationships, and career than you would like?
Do you have a hard time balancing your career, health, family, spiritual and social life?
Do you find yourself worrying, sad or stressed about the future?
Have you lost a sense of genuine excitement in your life?
Would you like to create a life that directly reflects your talents, interests and greatest gifts?
Do you often know what you should be doing but have a difficult time actually doing it?
Is your career more of a job than a calling?

If you answer YES to any of these questions, think of the price you pay for not doing anything about it. The choice is always up to you. Are you ready to be supported and challenged to move on in life? Remember, nothing ventured, nothing gained. See testimonials below on how others benefitted from CL9's Coaching.

The coaching relationship is like having an empowering friend who supports and encourages you throughout as you design and create your ideal life. It is not like psychotherapy as it focuses on where you are going, rather than where you have been. It is non clinical and no diagnosis. It helps you to discover your own inner wisdom and power to effect the changes that you desire. Coaching bridges the gap between where you are, and where you want to be, helping you to stay focused along the way. The focus is on life enhancement on all levels; work, relationship, family, leisure, spiritual life, and overall well-being.

Some of the vital benefits you receive in CL9's programs are:

- Gain insights into your personality
- Overcome 'roadblocks' to effective communication
- Learn the way you run your life and the problems you face as a result
- Develop more meaningful, deeper relationships with family, friends and colleagues
- Feel empowered to take responsibility and make/keep commitments
- Discover problem solving strategies to resolving issues whether at work, home or elsewhere.
- Receive essential support to achieve your goals

About the Coach

Although a professional from the Chartered Insurance Institute, Brajarani's passion to share and help others with the knowledge and experience she gained from her over 35 years of spiritual journey led her to be trained as a Life Skills and Personal Transformation Coach. She graduated in Life Coaching with outstanding results from Oxford College, UK, which is certified by the British Complimentary Medical Association (CMA). She then received further intensive training for over a decade with Satvatove Institute, a unique and remarkable spiritually based institute for personal improvement in Florida. This extensive training is accredited by ICF in USA, the world's most recognized International Coaching Federation. It further facilitated Brajarani in her commitment to create meaningful changes in her clients

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through empowered communication and personal transformation founded on profound universal spiritual principles.

With her insightful and nurturing nature, she has been successful in encouraging hundreds of people around the world to uncover and explore areas of their lives that block their true potential. She has facilitated and assisted in transformative communication workshops in UK, Switzerland, India, and USA.

Brajarani brings clarity into the lives of those seeking to expand their awareness in order to create a well-balanced fulfilling life by connecting them with their inherent knowledge and joyful nature which she strongly believes in.

Testimonials - Personal Coaching Sessions

My Life Skills and Personal Transformation coaching sessions with Brajarani Dasi has been LIFE CHANGING!! Within 6 sessions I received profound realizations and tools to develop my communications skills which led me to experiencing better relationships with the people I love and care about and people I work with. I also developed deeper awareness and techniques to manage my finances better without spending impulsively in order to fill a void that cannot be filled with material goods. Brajarani was flexible, affordable and I cannot overstate how insightful, helpful, and compassionate she has been towards me. I feel indebted to her because this has been the most transformative set of conversations that I've had with anyone, and I've received therapy and coaching in the past by very qualified professional individuals. I would recommend that anyone I care about to do whatever it takes in order to get a few sessions with Brajarani Dasi, but only if they're really serious about digging deep within and taking the steps necessary to make their own progress in personal, spiritual, and professional development. I am looking forward to receiving more Life Skills and Personal Transformation coaching from Brajarani Dasi in the near future and probably long-term. Thank you Brajarani Dasi. You have made a great difference in my life! --
Demetrio Landeros – (Trucker)

I definitely recommend having this very wise, kind and respectful lady as a coach for your life journey! My experience of Brajarani's coaching, I want to share with a poem I read by Tanya Markul - "There are women by whom just thinking of protrudes you over the wall onto a new phase of life. There are women who'll walk you through the fires of transformation, burning away the constraints of the past and watch you rise from your ashes. There are women whose medicine is to sit with you on earth while you release the poison within, leaving you freer and grounded. There are women who will help you find your wings and return you to the sky, help you find your creativity and clarity. There are women who will teach you prayer and loyalty to the Source of all Divinity. There are women who will take you down the underworld, revealing the wisdom of your shadow self. And there are women who will hand you back the spark of your life-giving spirit. These are the women of elements around you in the name of love, vitality, protection and respect." This is for the beautiful woman I know - Brajarani!- *N Lodhia (Accountant)*

In simple words, Brajarani is AMAZING! I've got to know Brajarani over the last few years as a mature person, with a very balanced, sensible and practical approach to life with a deep spiritual understanding. As a coach she is patient, astute and can cleverly pick up on the unspoken nuances and also challenge you on your thoughts and ideas. She does all this with such ease and comfort that you don't even realize it, and are able to identify your feelings (give it a name) and realize your conceptions. Brajarani is great at helping you identify barriers that block your progress, and works with you on actions that will open up your growth and potential. She can help you find the key to unlock your potentials! - *Puja Kapoor (Management Consultant)*

Brajarani is open, objective, thoughtful and very perceptive. She has excellent knowledge and abilities as a coach. - *Paul Anderson (College Tutor)*

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I experienced Brajarani as deeply empathic, warm and empowering. Confiding in her was easy and I received very useful communication skills and tools for life that I am immensely grateful for. – *Kamal Dasi (Healer)*

With the care and personal guidance, I received from Brajarani I feel like a new person. In just the first session, my feelings of hopelessness and deep sorrow were overcome. The sessions brought such depth of clarity as to what was going on inside me and connected me with my real true nature, which is full of bliss and knowledge. This is something I read and heard about many, many times but only really understood now. I feel great, I feel like dancing, feel like flying! This personal coaching is such an accelerator for my personal/spiritual growth and after a very long time I feel I made a huge step forward in my spiritual life by recognizing and pulling the weeds in my heart. - *Katarina Kepesova (Teacher/Preacher)*

Testimonials–Seminars/Workshops

The Life Skills and Art of Transformation seminars were so impactful. I feel there is so much to gain from such a seminar for any individual, community or organization around the world and wish everyone would take advantage of such vital services to enhance the quality of our lives and relationships. – *Rowita Ori*

I found these seminars extremely helpful because it was not just a lecture but a real experience, giving us practical life skills and tools for fulfilling relationships and for our personal, professional and spiritual development. I have been to innumerable classes but never gained such deep realization as this one seminar. – *Manana G.*

These seminars were a real eye opener. Giving insights to our personalities, psychological natures and the way we run our lives. Brajarani and her service is an immense inspiration for us to go beyond the surface, pull the weeds in the hearts and bring out the amazing inner spiritual qualities we all have. - *Anushka*

I felt highly benefited from attending Brajarani's Art of Transformation seminars. An amazing team spirit was created through such honest and warm personal interactions. She opened my eyes and heart to unfulfilling patterns in life and gave me practical tools to improve on them. The warm, rusting environment created in the seminars helped me to willingly look deeper, recognize and help free myself of unwanted burdens I carried within for such a long time! – *Juta Nigam*

Brajarani is indeed very competent in what she is doing. Her patience, tact, sense of humor and warmth made it all such an enlightening and enlivening experience. -*Annette Franz*



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Programs Offered:

One to one, Couples and Group coaching

Coaching sessions are conducted in-person, by telephone or online with added email communication facility. Sessions are scheduled for 45 minutes, though reserve an hour for coaching appointments.

Experiential life skills and communication workshops

Available to be invited for retreats, groups, schools, organizations and companies. These workshops normally last for about 3 hours though other tailor-made workshops on related topics are also offered.

At these workshops you will gain insights into your communication style and how it affects your work and life. These workshops have been proven to be very helpful for building team spirit, achieving goals, increasing productivity, gaining self-confidence through assertive communication and offering problem solving strategies.

Coaching Packages & Costs

At CL9 we believe in delivering professional services at affordable prices and we consider each person individually although I have my standard prices as below. Our main passion is to support people in their personal/spiritual growth. A 30-minute free complimentary session is offered for those genuinely interested.

Packages for individual coaching sessions are as follows:

- Iron package: 1 coaching session – cost \$180/= only
- Bronze Package: 3 coaching sessions - cost \$300/= only
- Silver Package: 6 coaching sessions - cost \$450/= only
- Gold Package: 12 coaching sessions - cost \$600/= only

For further information please contact CL9:

Email: clcoach9@gmail.com

Whats App: 1 805 793 6398 Tel: 1 805 640 0405

I hope this meets you in good health and spirits. Thank you!